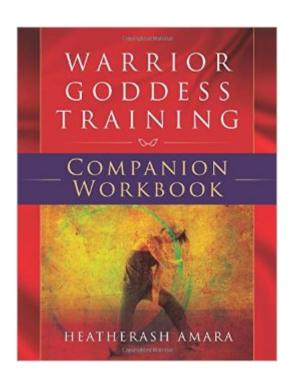
## The book was found

# Warrior Goddess Training Companion Workbook





# Synopsis

Warrior Goddess Training taught women in ten lessons how to recommit to themselves, assess where they are, harness their strength and creativity within, and gain clarity on where they want to go. They're big steps to take, with big consequences, and the Warrior Goddess Training Companion Workbook supports women on their journey with deeper discussions of each lesson plus supplemental exercises and stories. This is a great supplement to Warrior Goddess Training.

## **Book Information**

Paperback: 208 pages

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Product Dimensions: 7 x 0.6 x 8.8 inches

Shipping Weight: 13.6 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars Â See all reviews (36 customer reviews)

Best Sellers Rank: #8,520 in Books (See Top 100 in Books) #7 in Books > Religion & Spirituality

> New Age & Spirituality > Shamanism #7 in Books > Religion & Spirituality > New Age &

Spirituality > Goddesses

### Customer Reviews

I haven't even finished the book, but I love the easy, honest writing style and already have some tools for empowerment. It's a classic, to be read through and also to simply turn to a page and get some wisdom.

Amazing and would recommend to any of my friends or ladies who need a boost. A great way to learn to love yourself for who you are.

Love this book, the author and even signed up for her Warrior Goddess Facilitator training!

Great companion to Warrior Goddess Training. Helps put it all together. Highly recommend ordering both together.

This companion workbook really allows you to delve deeper into the material that is covered in the

main book and be able to look within yourself to help become the Goddess that is in all of us. I have loved doing the activities and highly recommend it to anyone looking for a self-help empowerment book.

The only way to get to the core of oneself is to go deep and uncover the latent beliefs you think disappear through life's journey. These exercises though tough have forced me to do just that and I feel so refreshed and born again. hooray for HeatherAsh Amara.

Great companion to put into practice what you've learned from reading the book.

This workbook goes perfectly with the Warrior Goddess Training book that I purchased previously. Plenty of space to write and keep notes in.

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